

How Can You Help My Brother's Table?

Volunteer at the Table

- Volunteer to help prepare and serve lunch and dinner: lunch volunteers work from 10:30am until 1:00pm Monday-Friday, and dinner volunteers work from 4:30-7:30pm Monday-Friday, and 1:30-4:30 Saturday & Sunday.
- The Table can use help with kitchen prep from 1:00-3:00pm, Monday-Friday, preparing soup and baked goods for the following day and making meals for our meal delivery program.
- Volunteers can also help in the office, or help pick up donations and make deliveries. We can also use donated time from skilled professionals; from accountants to social media consultants, from chefs to nurses, we'll find some way to use your skills!
- Join our on-call list for last minute volunteers. Every once in awhile a group falls through at the last minute and we need to find volunteers quickly. If you live or work near to the Table and really like to be needed, this is the job for you!

Volunteer from Home

Not everyone can come to the Table, but people can help from home too!

- Bake cookies, cakes or any dessert at home (a great project for families with young children) and deliver fresh or frozen to the Table. Our guests love homemade desserts!
- At your next party or dinner consider asking your guests to make a donation to the Table. Some people have guests bring an item from our wish list or a check instead of a gift; any assistance is gratefully accepted.
- Prepare a meal for 14 that we can use in our Joe's Meals meal delivery program. These meals are delivered to guests who are too ill to come to the Table. You can make the meal at home and deliver it fresh or frozen to the Table at your convenience.

Host a Fundraiser with Your Family, School, Church, Workplace or Civic Group

- Consider hosting a toiletry or sock drive, bake sale, car wash, lemonade stand, yard sale, etc on behalf of the Table. We can provide you with promotional materials and we can publicize the event to our supporters.
- Lead a team to participate in the Walk for My Brother's Table in October. Have a competition to see who can raise the most money. The Walk is an easy and fun event for all ages.

Visit our online volunteer application : http://www.mybrotherstable.org/volunteer_application.shtml