

37th Annual Walk for My Brother's Table

Sunday, October 28, 2018

Registration at 1pm ❖ Walk begins at 1:30pm



**GET READY TO WALK FOR MY BROTHER'S TABLE!
THE STEPS YOU TAKE WILL HELP PROVIDE OVER 180,000 MEALS**

SINCE 1982 MY BROTHER'S TABLE HAS BEEN PROVIDING FREE MEALS 365 DAYS A YEAR TO EVERYONE WHO COMES TO OUR DOOR.
THE MONEY YOU RAISE WILL HELP US SERVE OVER 180,000 MEALS THIS YEAR ALONE!



3 MILE WALK ALONG THE LYNN/SWAMPSCOTT SHORE BEGINS AT THE
CHURCH OF THE HOLY NAME, 60 MONUMENT AVENUE IN SWAMPSCOTT

All participants who raise at least \$30 receive a free gift! Top individuals and teams will be awarded additional prizes!

Register yourself, form a team or sponsor someone at

<https://mbt.myetap.org/walk2018/>

or, if you prefer, call 781.595.3224

Can't come to the Walk? Complete our Virtual Walk at www.mybrotherstable.org

My Brother's Table 37th Annual Walk Sponsor Sheet

Sunday, October 28, 2018 • Registration at 1pm • Walk begins at 1:30pm

Walk begins and ends at the Church of the Holy Name, 60 Monument Avenue in Swampscott, MA

Register yourself, form a team, collect donations or sponsor someone at <https://mbt.myetap.org/walk2018/>

Can't come on the 28th? Complete our Virtual Walk at www.mybrotherstable.org

Since 1982 My Brother's Table has been providing meals 365 days a year to everyone who comes to our door in need. The money you raise will help us serve over 180,000 meals this year alone.

\$30 buys milk for 80 men, women and children • **\$100** buys enough food for 40 dinner guests

\$500 buys a week's worth of lunches for our guests

Prizes awarded to top individuals and teams and to participants who raise at least \$30, \$100 or \$500 dollars!

Walker's Name: _____ Team Name(if applicable): _____
 Address: _____ City: _____ State: _____ Zip Code: _____
 Telephone: _____ Email: _____

Sponsor Name	Complete Address	Telephone	Donation Amount	Amount Collected	Cash or Check

Please ask sponsors to make donations in check form or donate online at

<https://mbt.myetap.org/walk2018/>

Make checks payable to My Brother's Table.

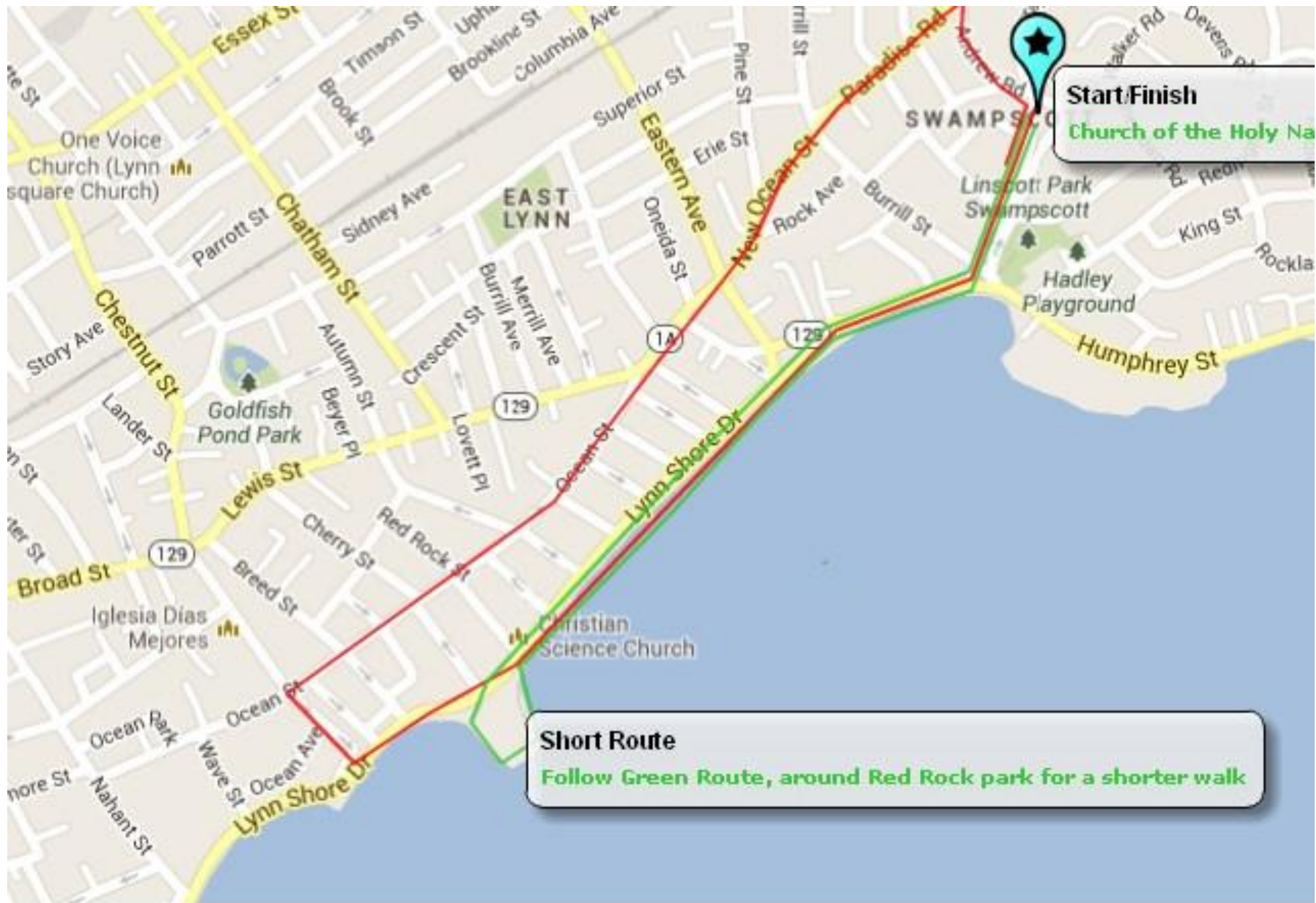
Please collect donations in advance and bring them with you on Walk day.

Send remaining checks to: My Brother's Table, 98 Willow Street, Lynn, Ma 01901

1) Total Collected (front & back)	\$
2) Total Still To Be Collected <i>please mail to MBT no later than 11.09.18</i>	\$
Total Amount Raised for MBT <i>total of 1 & 2</i>	\$

All Walk participants assume all risk of harm, damage or injury during the walkathon on October 28, 2018. My Brother's Table and Church of the Holy Name will not be liable for any damage, injury, harm under any circumstances, or acts of any kind by any person during the walkathon. Each walker is required to sign this release. Persons under the age of 18 must have the signature of a parent or Guardian.

Signature: _____ Date: _____



Start/Finish
Church of the Holy Name

Short Route
Follow Green Route, around Red Rock park for a shorter walk